

PROGRAMS

40 YEARS OF EXCELLENCE
SINCE 1976
acetennis.ca



JUNIORS 4-18
COMPETITIVE
SKILLS DEVELOPMENT
BEGINNER TO ADVANCED

SEE NEW
COMPETITIVE PROGRAM
For committed players



2017 - 2018
TORONTO | BURLINGTON

ACE Tennis is committed to the development of excellence in youth through the sport of tennis and has been recognized as a leader in tennis development for the last 40 years. ACE Tennis programs are offered for players of all levels and commitment.



PROGRESSIVE SKILLS DEVELOPMENT

- PROGRESSIVE 1**
1/2 court tennis
Racquets: 17-21 inch
Red ball
Age 4-7[8]
- PROGRESSIVE 2**
3/4 court tennis
Racquets: 23-25 inch
Orange ball
Age 8-10
- PROGRESSIVE 3**
Full court tennis
Racquets: 25-26 inch
Green ball / Regular ball
Age 10-13
- PROGRESSIVE 4**
High School Team [Toronto]
Full court tennis
Advanced play
Regular ball. Age 10-17

ACE's Skills Development programs follow a progressive teaching method helping young players learn how to play tennis quickly, efficiently and successfully. Players transition according to age through 3 stages using scaled down equipment allowing for a systematic transition. Progressive 4 is for experienced players who want to improve their match playing.

COMPETITIVE HIGH PERFORMANCE



ACE's Competitive Stream, is for players who want to compete at a provincial, national or international level. The players acquire the required "skill set" for competition through six training programs: the Mini Tennis / Little Aces Team, the Futures Team, the Champions Team, the Provincial Team, the National Team and the International Team. Acceptance into the programs are based on age and an assessment of level of play.

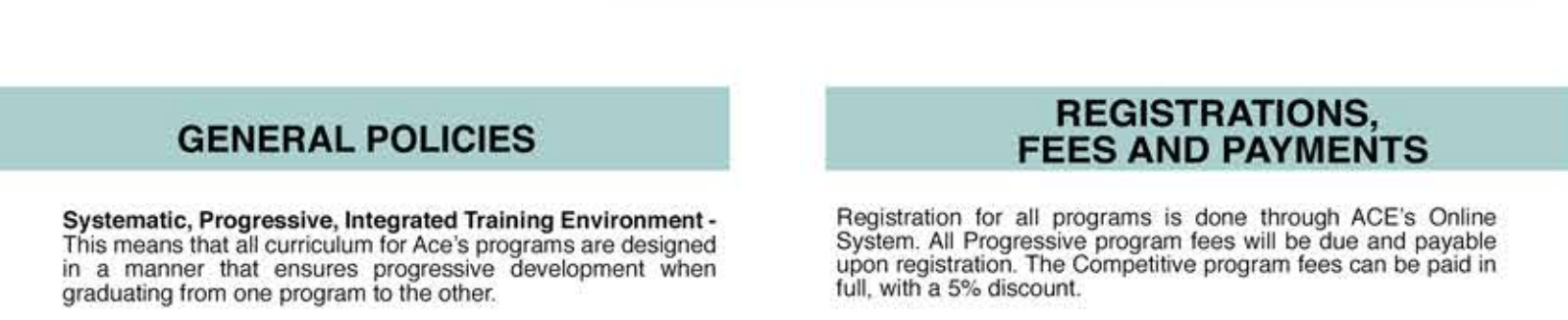
NEW COMPETITIVE PROGRAM FOR COMMITTED PLAYERS

ACE's New International Team program offers committed players the opportunity to receive individual management and coaching while meeting recommended training volume.



ACE Tennis Burlington TEL: 905.632.9500 FAX: 905.632.9482 EMAIL: info@acetennis.ca 960 Cumberland Avenue ON L7N 3J6
ACE Tennis Toronto TEL: 647.381.6464 FAX: 647.344.3613 EMAIL: info@torontotenniscity.com 185 Balliol St. ON M4S 1C2
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PROGRAM OVERVIEW



GENERAL POLICIES

- Systematic, Progressive, Integrated Training Environment** - This means that all curriculum for ACE's programs are designed in a manner that ensures progressive development when graduating from one program to the other.
- Annual Program Planning** - All players in the competitive stream are provided an annual group training plan.
- SAT Preparation** - ACE's Educational Advisor Helen Donohoe provides free SAT classes every Saturday in Burlington and is available for private sessions.
- Tournaments** - ACE operates over 50 international, national and provincial sanctioned tournaments per year.
- Tournament Coaching** - ACE provides tournament coaching at select events.
- Transportation - ACE Burlington:** transportation to and from some selected local schools is available for an additional fee.
- Injury Treatment Assistance** - All injuries should be discussed with the head coach for recommendations.

REGISTRATIONS, FEES AND PAYMENTS

- Registration for all programs is done through ACE's Online System. All Progressive program fees will be due and payable upon registration. The Competitive program fees can be paid in full, with a 5% discount.
- Otherwise the payment plan is as follows:**
30% of program fees + administration fee DUE on Registration.
15% of program fees - due on November 8, 2017
15% of program fees - due on December 8, 2017
15% of program fees - due on January 8, 2018
15% of program fees - due on February 8, 2018
10% of program fees - due on March 8, 2018
- Academy Holidays:**
Thanksgiving Day Oct 9, 2017
Christmas/New Year Break: Dec. 23, 2017 - Jan. 7, 2018
Family Day, Feb. 19, 2018
March Break, March 12 - 16, 2018
Good Friday, March 30, 2018
Easter Sunday, April 1, 2018
Victoria Day, May 21, 2018
- No recreational programs** and fitness for competitive programs in Burlington on Mondays and Tuesdays during our ITF tournaments in November and April.
- Membership - Toronto location:** Membership is included in all competitive programs.
- Membership - Burlington location:** Players registered in the National and Provincial U12 / U16 programs must have a Gold Membership with Cedar Springs. A High Performance or Gold Membership is required for participation in the International program.
- Missed Sessions** - All missed sessions for sickness, injuries, vacations or other reasons are NOT REIMBURSED.
- Refund Policy** - Fees are non-refundable. There will be consideration for extenuating circumstances.

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2017 - 2018 ACE TENNIS PLAYER DEVELOPMENT PROGRAMS TORONTO

TENNIS DIRECTOR ACE TORONTO - CRAIG MERCER

PROGRESSIVE / RECREATIONAL

- Session 1 (Autumn):** Tuesday September 5 - Sunday December 10, 2017 (12 weeks)
(No programs Sept. 30 - Oct. 6, 2017 / Week of December 11 - 17 Rain make up week)
- Session 2 (Winter):** Tuesday January 9 - Sunday April 15, 2018 (13 weeks). (No programs March 12 - 18)
- Session 3 (Spring):** Tuesday April 24 - Sunday June 17, 2018 (8 weeks). (Week of June 18 - 24 Rain make up week)
- All prices are subject to HST.

2012 TEAM For kids born in 2012
The ACE 2012 Team concept is a free introductory 6 weeks program for 5 year olds who are selected through an evaluation.
When: Saturday 11:30 - 12:30pm. Test date: September 9th. Program dates: September 9th - October 21st.
[No programs September 30th for bubble up week.]

PROGRESSIVE 1 Age 4 - 8
The 1st level of progressive tennis uses larger decompressed balls to allow for easier exchanges, 19" to 21" racquets for better control, Mini sized nets and a smaller 12-meter court, which is proportional to the size of the student. This program is now offered 4 x per week. Choose the day(s) you would like. **When:** Tuesday 6:30pm - 7:30pm, Thursday 6:30pm - 7:30pm, Saturday 12:30pm - 1:30pm, Sunday 12:30pm - 1:30pm.
Cost: Session 1: \$270 (1 day). Session 2: \$295 (1 day). Session 3: \$180 (1 day).

PROGRESSIVE 2 Age 8 - 10
The 2nd level of progressive tennis uses a normal sized tennis ball of 50% less compression than a regular ball to allow players to acquire the required skills at this stage of development. 23" to 25" racquets are used and the court is a ¾ court size, which is 18 meters long. Players can sign up for 1 or 2 x per week. **When:** Saturday 1:30 - 3pm and / or Sunday 1:30 - 3pm.
Cost: Session 1: \$625 (1 day). Session 2: \$680. (1 day). Session 3: \$420 (1 day).

PROGRESSIVE 3 Age 10 - 13
The 3rd level of progressive tennis uses a normal sized tennis ball, but with 25% less compression. Players graduate to a 26" to 27" racquet and a full sized tennis court. **When:** Saturday 3 - 4:30pm and / or Sunday 3 - 4:30pm.
Cost: Session 1: \$625 (1 day). Session 2: \$680. (1 day). Session 3: \$420 (1 day).

HIGH SCHOOL TEAM Age 13 - 17
This program is designed for players who are able to maintain a full rally on a full sized tennis court with regular balls. Players will be grouped according to their level of play. **When:** Saturday 4:30 - 6:30pm and / or Sunday 4:30 - 6:30pm.
Cost: Session 1: \$875 (1 day), \$1,750 (2 days). Session 2: \$950 (1 day), \$1,900 (2 days). Session 3: \$585 (1 day), \$1,170 (2 days).

PROGRESSIVE / COMPETITIVE Tuesday Sept. 5, 2017 - Friday Dec. 22 / Monday Jan. 8 - Sunday June 24th, 2018

LITTLE ACES / MINI TENNIS TEAM Age 5 - 7
Little Aces / Mini Tennis Team is for players who have already been exposed to the fundamentals of tennis and are able to rally with a coach over the net. The 3rd day participation allows players to be eligible for Tennis Canada's Little Aces benefit package.
When: Monday, Wednesday and Friday from 5 - 6:30pm. **Cost:** \$3,950. Administration fee \$125.
Mini Tennis Team: Age 5 - 7. Monday and Wednesday, or Tuesday and Thursday from 5 - 6:30pm. **Cost:** \$2,650. Administration fee: \$125.

THE FUTURES TEAM Age 7 - 9
The Futures Team is for players who are transitioning from Little Aces / Mini Tennis Team and will begin competing in tournaments. Players are required to participate in the program a minimum of 3 times per week. All players train on Tuesday, Thursday and Sunday. The Saturday morning practice is for the players who choose to register for 4 days per week. **When:** Tuesday and Thursday 4 - 6pm or 5 - 7pm plus Saturday 7-9am or Sunday 3:30 - 5:30pm. **Format:** Tennis and Fitness. **Cost:** 3 days: \$650. 4 days: \$8,200. Administration fee: \$450.

THE CHAMPIONS TEAM Age 8 - 10
The Champions Team is for players who are interested in acquiring the skills and tactics for full court [green ball] high performance / tournament tennis. Players are required to participate in the program a minimum of 3 x per week. All players train on Tuesday, Thursday and Sunday. The Saturday morning practice is for players who choose to register for 4 days a week.
When: Tuesday and Thursday 5 - 7pm, Saturday 7 - 9am and Sunday 5 - 7pm. **Cost:** 3 days: \$6,650. 4 days: \$8,200. Administration fee: \$450.

COMPETITIVE HIGH PERFORMANCE

THE PROVINCIAL TEAM U12 Age 10 - 12
For committed U12 players who are transitioning from the Champions Team (Green dot) and who are competing in OTA U12 tournaments. Players are required to participate in the program a minimum of 3-4 times per week. **When:** Monday, Wednesday, Friday 5 - 7:30pm. Sunday 7 - 9:30am.
Cost: 3 days: \$9,150. 4 days: \$11,500. Administration fee \$450.

THE PROVINCIAL TEAM U16 Age 13-16
For players who compete at a provincial level. Players are required to participate in the program a minimum of 3 days per week.
When: Monday, Wednesday, Friday 5 - 7:30pm, Sunday 7 - 9:30 am
Cost: 3 days: \$9,150. 4 days: \$11,500. Administration fee \$450.

THE NATIONAL TEAM Age 10 - 16
For committed U12 - U16 players who compete at a Provincial or National level. Players are required to participate in the program 3-5 times per week. Players are arranged into groups based on age and skill level.
When: Monday - Friday 3:30 - 6:30pm.
Cost: 3 days: \$9,950. 4 days: \$12,350. 5 days: \$13,950. Administration fee \$450.

NEW THE INTERNATIONAL TEAM PROGRAM Head Coach U18 and U12 Craig Mercer
Overall Program Development and Management: Doug Burke and Pierre Lamarache
ACE's International Team Program targets players wishing to reach their full potential by providing an option which meets the training requirements and integrated team approach of High Performance players. Players will participate in a semi-private training program designed to complement the afternoon group training content and address individual needs. Head coaches will assign an assistant coach to implement the structured Team Program, and will monitor participation in the program 3-4 times per week. Players will also receive tennis specific on court movement training, individual fitness, annual plans, coaching at selected tournaments, access to a mental training program and use of ACE Replay. Extra individual training will be available. Minimum participation is for 2 x per week (2 x tennis with 2-3 players which includes fitness). Programs can be customized to add additional training based on player needs. **When:** Program operates from 6am to 8am weekdays depending on players and coach availability
Cost: 2 x per week starts at \$4,200 which includes Toronto Tennis City membership and walk-on privileges.

NEW U12 - U18 HIGH PERFORMANCE TRAINING
For players who compete at a provincial, national and international level. These practices will focus on volume training, serve and return practice and match play. A hitting partner will be provided to challenge the players.
When: Tuesday 1:45 pm - 3:45 pm and Friday 6am - 8am. **Cost:** One day 1,280, 2 days \$2,500.

COMPLEMENTARY PROGRAMS

U12 - U18 SINGLES AND DOUBLES MATCH PLAY - TORONTO
This program is available to 12 players of international, national and provincial standards. OTA players who are not registered in the full time academy are invited to join this program.
When: Friday 6:30 - 8:30pm. **Format:** Singles and Doubles Match Play.
Cost: ACE academy member: \$1,600 for 40 weeks, OTA player \$1,800 or \$50 Pay as you play.

U9 - U10 COMPETITIVE TRAINING - TORONTO
OTA orange and green court players who are not registered in the full time academy are invited to join this program. Evaluation are mandatory.
When: Saturday 7 - 9am. **Format:** Singles and Doubles Match Play.
Cost: ACE academy member: \$2,100 for 40 weeks, OTA players \$2,200 or \$60 Pay as you play.

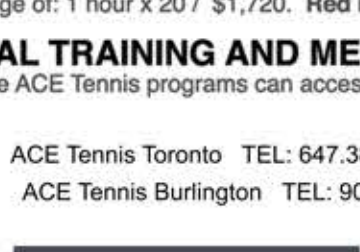
U12 - U16 COMPETITIVE TRAINING - TORONTO
This program is available to players of national and provincial standards. OTA players who are not registered in the full time academy are invited to join this program.
When: Sunday 7 - 9:30am. **Format:** 7- 9am tennis, 9 - 9:30am fitness.
Cost: ACE academy member: \$2,100 for 40 weeks, OTA players \$2,200 or \$60 Pay as you play.

U12 - U18 COMPETITIVE TRAINING - BURLINGTON
This program is available to 12 players of international, national and provincial standards.
When: Saturday 8 - 11am. **Format:** 8 - 10am tennis, 10-11am fitness.
Cost: ACE academy member: \$1,675 for 35 weeks. SAT preparation at Cedar Springs Lounge.

PRIVATE LESSONS PACKAGE - TORONTO [indoor only]
This program is available to players in the competitive stream and allows for pre-booked weekly training sessions following an individual program.
Cost: Package of: 1 hour x 20 / \$1,720. **Red ball Package of:** 1 hour x 20 / \$1,380.

PHYSICAL TRAINING AND MENTAL SESSIONS
Players in the ACE Tennis programs can access specialized fitness and mental training sessions at a set fee.

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ACE COACHES are certified by Tennis Canada and operate as a team under the ACE umbrella. They offer private lessons to players in the high performance programs and if available to players in the progressive stream. Progression of players within a program or from one program to another is discussed with the head coach for the program.



WHY ACE COULD BE AN OPTION FOR YOU

- Leadership:** Pierre Lamarache and Doug Burke have been National Champions, Tour Players, Davis Cup players, Captains of Davis Cup, Fed Cup, Pan Am, Olympic and Junior national teams as well as speakers at various international conferences.
- Coaching level and experience:** All coaches certified by Tennis Canada, one level 4 coach, nine level 3 coaches, three level 2 coaches.
- First class support staff:** Sport medicine specialists, full time fitness director and coaches, mental followers, youth advisor and progressive, curriculum.
- Systematic, integrated programs:** In the ACE's competitive stream, players as young as 5 years old follow a yearly integrated, progressive, curriculum that respects the Tennis Canada's long term athlete development plan while working towards achieving the final skills outlined in the ACE Tennis Mantra. This development path is supported by the ACE player management system.
- First rate facilities:** ACE locations have tremendous player development features that include 11 Hard Courts, five European clay courts, fitness rooms, video systems, restaurant and locker rooms. ACE will help find accommodation for out of town players in Burlington.
- Great competitive infrastructure:** Two International Tennis Federation junior events, The \$9000 Canadian Indoor Championships, the \$5000 City of Toronto Championships, over 50 Ontario Tennis Events.
- Educational emphasis:** ACE provides access to an educational advisor, SAT coach, tutors, and transportation to and from school. ACE's commitment to excellence in tennis and education has led to the production of over 300 graduates from various institutions, including Ivy league schools such as Princeton and Brown.
- Performances:** In 40 years over 200 national titles won by ACE players, WTA and ATP players, Grand Slam Doubles winner, Davis Cup and Fed Cup players, ongoing in present presence at the ACE player management system.

RECENT SCHOLARSHIP RECIPIENTS



Ines Milosovic Penn State University
Roy Stepanov Lamar University
Luke Smerek Marquette University
Katie Kubicz University of Florida
Malik Bhatnagar Stetson University
Jakob Nielsen George Mason University
Raheel Manji University of Indiana

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